

St Joseph's Catholic Primary School



Year 5 Objectives

Building on the previous year, pupils will learn:

Health and Wellbeing

- To revise and improve strategies for keeping physically and emotionally safe including road safety (including cycle safety- the Bikeability programme), safety in the environment (including rail , water and fire safety), and safety online(including social media, the responsible use of ICT and mobile phones)
- To recognise the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others
- To understand how their body will, and emotions may, change as they approach and move through puberty
- To think about what is meant by the term 'habit' and why habits can be hard to change
- To consider commonly available substances and drugs (legal and illegal) and the effects they can have on individuals and their lives.

Relationships

- To recognise that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)
- To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber bullying, use of prejudice-based language, how to respond and ask for help)
- To recognise and manage 'dares'
- To recognise ways in which a relationship can be unhealthy and who to talk to if they need support.
- To be aware that marriage is a commitment freely entered into by both people, that no one should enter into a marriage if they don't absolutely want to do so
- To understand that civil partnerships and marriage are examples of stable, loving relationships
- To recognise and challenge stereotypes
- To develop strategies to resolve disputes and conflict through negotiation

Living in the Wider World

- To resolve differences by looking at alternatives, seeing and respecting others' points of view, making decisions and explaining choices
- **To think about** what being part of a community means, and about the varied institutions that support communities locally and nationally
- **To** recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing
- **To** appreciate the range of national, regional, religious and ethnic identities in the United Kingdom
- **To** think about the lives of people living in other places, and people with different values and customs
- **To think** about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer
- **To** develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax' (e.g. their contribution to society through the payment of VAT)
- To explore the notion of democracy and the role Parliament plays in ensuring the rule of law is maintained
- To realise that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment
- **To talk** about enterprise and the skills that make someone 'enterprising'
- To explore and critique how the media present information
- To think about why and how rules and laws that protect themselves and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules (including discussion about gangs and extremism)
- **To** know that there are some cultural practices which are against British law and universal human rights, such as female genital mutilation