



Year 2 Objectives

Health and Wellbeing

- To know what constitutes a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health
- To understand how some diseases are spread and can be controlled and the responsibilities they have for their own health and that of others
- To learn about the process of growing from young to old and how people's needs change
- To learn about growing and changing and new opportunities and responsibilities that increasing independence may bring
- To know the names for the main parts of the body (including external genitalia) and the similarities and differences between boys and girls
- To recognise that household products, including medicines, can be harmful if not used properly
- To understand rules for and ways of keeping physically and emotionally safe (including safety online, the responsible use of ICT, the difference between secrets and surprises and understanding not to keep adults' secrets; road safety, cycle safety and safety in the environment, rail, water and fire safety)
- To learn about people who look after them, their family networks, who to go to if they are worried and how to attract their attention, ways that pupils can help these people to look after them
- To recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell'

Relationships

- To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say
- To recognise that there are different types of teasing and bullying, that these are wrong and unacceptable
- How to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help
- To identify and respect the differences and similarities between people
- To judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)
- That people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)
- To recognise when people are being unkind either to them or others, how to respond, who to tell and what to say
- That there are different types of teasing and bullying, that these are
- wrong and unacceptable
- How to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help

Living in the Wider World

- How to contribute to the life of the classroom
- To help construct, and agree to follow, group and class rules and to understand how these rules help them
- That people and other living things have needs and that they have responsibilities to meet them (including being able to take turns, share and understand the need to return things that have been borrowed)
- That they belong to various groups and communities such as family and school